



South Boulder Recreation Center Lap Pool



October

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00am	Lap Swim	BAM 6:00-7:00 *2 lanes		BAM 6:00-7:00 *2 lanes			
6:30am	FHS 6:30-7:30 *4 lanes						
7:00am							
7:30am							
8:00am							
8:30am						Lap Swim 8:00-10:30	Lap Swim 8:00-10:30
9:00am		Lap Swim 7:00-12:30		Lap Swim 7:00-12:30			
9:30am							
10:00am			Lap Swim 6:00-3:45		Lap Swim 6:00-3:45		
10:30am						Scuba 10:30-1:30 *2 lanes not here 10/11	Scuba 10:30-1:30 *2 lanes not here 10/12
11:00am	Lap Swim 7:30-3:45						
11:30am							
12:00pm							
12:30pm		H₂O Fitness 12:30-1:30 *3 lanes		H₂O Fitness 12:30-1:30 *3 lanes			
1:00pm							
1:30pm							
2:00pm		Lap Swim 1:30-3:45		Lap Swim 1:30-3:45		Lap Swim 1:30-4:30	Open Swim 1:30-4:30 *2 lanes
2:30pm							
3:00pm							
3:30pm							
4:00pm	FHS 3:45-5:45 *2 lanes	FHS 3:45-5:45 *2 lanes	FHS 3:45-5:45 *2 lanes	FHS 3:45-5:45 *2 lanes	FHS 3:45-5:45 *2 lanes		
4:30pm							
5:00pm							
5:30pm							
6:00pm		BAM 6:00-7:00 *1 lane		BAM 6:00-7:00 *1 lane	Lap Swim 5:45-7:30		
6:30pm							
7:00pm	Synchro 5:45-9:00 *1 lane	Water Polo 7:00-8:00 *1 lane	Synchro 5:45-8:30 *2 lanes not 10/1				
7:30pm				Lap Swim 7:00-9:00			
8:00pm		Lap Swim 8:00-9:00					
8:30pm			Lap Swim				
9:00pm							

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-441-3448 or go to www.boulderaquatics.org